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HENRY BAKER COLLEGE MELUKAVU

Mentoring &
Counselling Cell

ACADEMIC
YEAR

2017-18

FROM DARKNESS INTO MARVELLOUS LIGHT

Henry Baker College, Melukavu Is a Christian, Minority, Co-Educational, Government-aided Arts and Science College Established In 1981, affiliated to Mahatma Gandhi University, Kottayam, Kerala.

HENRY BAKER COLLEGE MELUKAVU

Report of Mentoring and Counselling Cell during the Academic Year 2017-2018

Mentoring is a journey of shared discovery. That is sharing knowledge, skills and life experience to guide another person towards reaching their full potential. The College has an integrated mentoring system where the faculty acts as a link between the students and the institution. Mentoring Programme is monitored by the Mentoring and Counselling Cell, College Principal and a band of experienced mentors.

2017-18 witnessed a thriving and impactful mentoring programme. Students were divided into groups of 10-15 depending on the total number. Each group was assigned a teacher mentor who would be there to guide and support them to reach up to greater heights.

Mentoring is conducted at two levels; group and personal. Mentors met the students twice a month. In addition to that, personal meetings were scheduled as per the requirements of mentees. Monthly meetings were structured and recorded by the mentors. After the initial meeting, all the mentors collected the necessary information with regard to the students. They identified the strengths and weaknesses of mentees in all fields and provided guidance and motivation to them to improve their results.

Mentors provided a strong support to the mentees through confidential one-to-one conversations. Issues like addiction to social media, slow learning, strained family relationships, home sickness etc were raised and these were skillfully resolved by the

mentors through their mentoring sessions. Mentors kept a confidential data sheet of each student coming under their guidance.

HOD's of the respective departments also served as mentors and monitored different activities related to mentoring. Mentors from each department met the students and guided them with regard to their studies and extra-curricular activities. They also gave advice relating to the selection of career. The College Principal monitored all activities of mentoring and counseling cell.

The Mentoring and Counselling Cell of HBC ensures dynamic learning environment to the students through proper guidance and motivation.

Mentoring and Counselling Cell Coordinator: Elizabeth Joseph.

